

## EYE INDIGO

**Sodalite** brings order and calmness to the mind. It encourages rational thought, objectivity, truth and intuition, along with verbalization of feelings. Use this stone to bring emotional balance and calm the physical body. It enhances self-esteem, self-acceptance and self-trust.

The copper bead found in each of our handmade pieces activates this stone's properties.

## BENEFITS

Clarity Intuition Courage Perception

## COMBATS

Guilt Phobias Insomnia Panic Attacks

## **STIMULATES**

Trust Companionship Interdependence Emotional Balance

