



EYE INDIGO

SMOKY QUARTZ | ENDURANCE

This versatile healing crystal carries the underlying properties of Quartz. It is an excellent grounding stone for rebalancing the body in connecting to the physical world by regaining mental clarity. **Smoky Quartz** dissipates emotional, mental, physical and environmental negativity.

The copper bead found in each of our handmade pieces activates this stone's properties.

BENEFITS

Grounding
Cleansing
Concentration
Spiritual Growth

COMBATS

Stress
Depression
Headaches
Nightmares

STIMULATES

Creativity
Mental Clarity
Energy Balance
Communication



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